

## Bow Tie Block



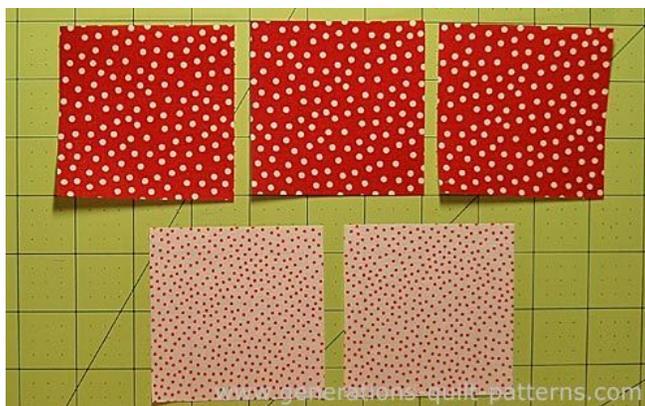
### Instructions

#### Step 1: Cutting

Bow Tie Fabric: Cut 3, 3"x 3" squares

Background: Cut 2, 3"x3" squares

And these are the cut patches; 3 red for the Bow Tie and 2 red/white for the background.



## Step 2: Assembling the 3D Bow Tie quilt block

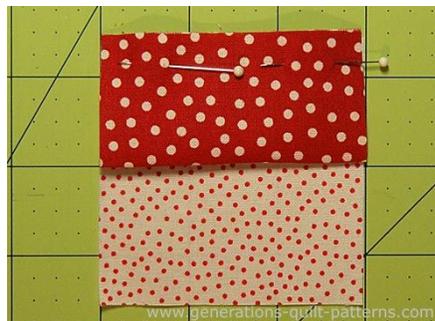
---

For the knot, lightly fingerpress one Bow Tie square in half, **wrong** sides together. You may want to use pins to hold the edges even.

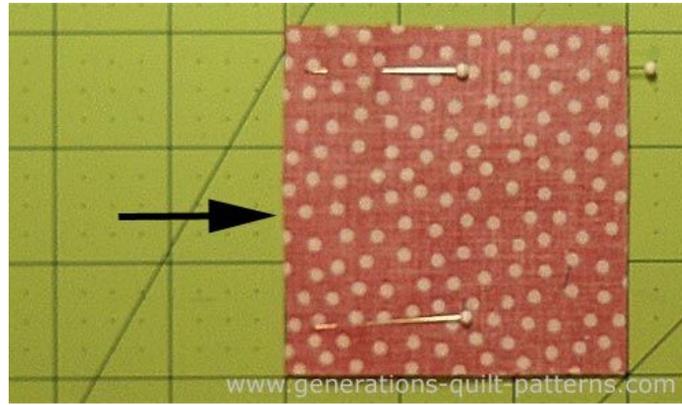
**NOTE:** If you press a hard crease here, it will run diagonally through the center of the finished knot...a pain to have to press out at the end.



Align the cut edges with those of a background square. Pin to hold them even.



With RST, add a bowtie square to the top. Pin to hold things together. The black arrow points to where the folded edge is.



Stitch the side that has the folded edge in the middle of it.

Fingerpress the seam allowance toward the darker fabric.

This is what the three patches sewn together look like. A bit unruly, but we'll get there.

I re-pinned to hold the knot fabric together. The first two patches are folded back out of the way.



Layer the remaining short side of the knot between the second pair of squares. Remember that each pair of like-colored squares is diagonal to each other in the finished block.

It's helpful to fold back the first pair of squares as shown in the picture below.

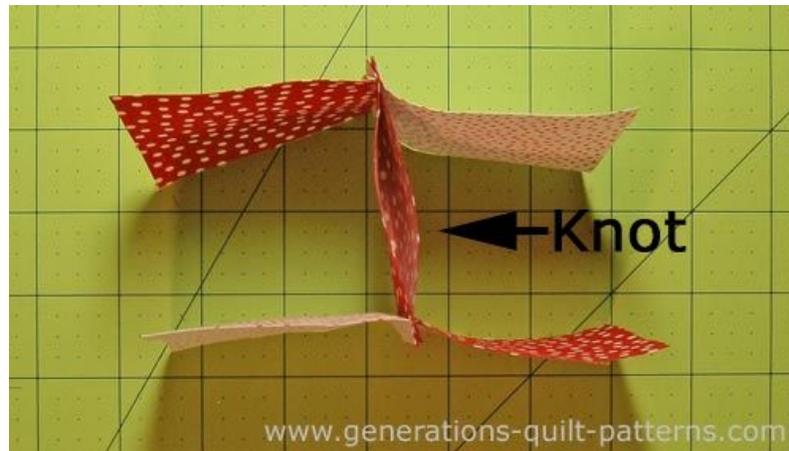


Layer the final patch, right sides together, and pin.



Stitch the side with the folded edge, again finger pressing the seam allowance towards the darker fabric.

Here is our block so far.



Pretty weird looking, right?!

Now comes the twist.

Pin the end of the two pairs of patches together, red to white. The pins act like an extra set of hands. The knot-square forms a little pouch in the center.



Distribute the pouch as evenly as possible on both sides of the seam allowances. Line up the all the cut edges as neatly as possible. Pin, nesting the seam allowances of the pairs of patches.

It'll be lumpy. That's OK.



**It won't want to lay flat.**

Stitch.

Finally you can press the seam allowances of your 3D Bow Tie with your iron. I prefer to just steam my knot instead of pressing it. The pressing 'smushes' and creases it. But that choice is yours!

I also like to twirl my four-patch seam allowances to distribute the bulk like this.



This is your finished 3D Bow Tie quilt block. Easy Peasey!

